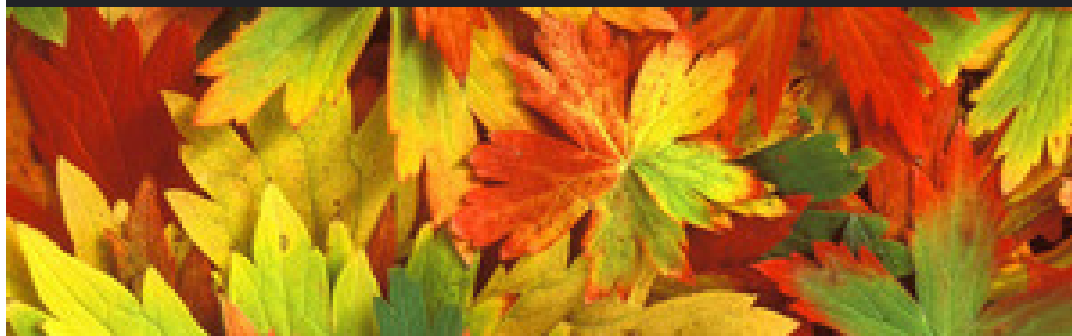



[hszc.org](http://hszc.org)

2013 Oct 1 - Oct 12



## October Sangha e-Newsletter

**Source:** Verses 24–26 of the [Gāndhārī](#) "Rhinoceros Sutra" (\*Khargaviṣaṇa-sutra); from R. Salomon, *A Gāndhārī Version of the Rhinoceros Sutra: British Library Kharoṣṭhī Fragment 5B*. Gandhāran Buddhist Texts 1. Seattle: University of Washington Press. 2000

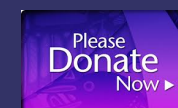
*bhayea mitra paḍibhaṇavaṃta  
baho-ṣuda dhamma-dhara uraḍa  
(\*annae dhammaṃ vi)yigitsa prahae  
ek(\*o care khargaviṣaṇagapo)*

**One should cultivate a friend who is intelligent,  
learned, a master of the dharma, noble.  
(\*Having understood the dharma)  
[and] abandoned doubt, (\*one should wander) alone (\*like the  
rhinoceros.)**

*sayi labhea ṇivago sahayo  
sardhacare saṣovihari dhiro  
(\*abhibhuya) sarvaṇi pariṣeaṇi  
carea ten' atamaṇa svad(\*ima')*

**If one should find a wise companion,**

Please help support our  
temple, Dharma study  
& our programs.



Hartford Street Zen  
Center is a 501(c)(3)  
nonprofit organization.

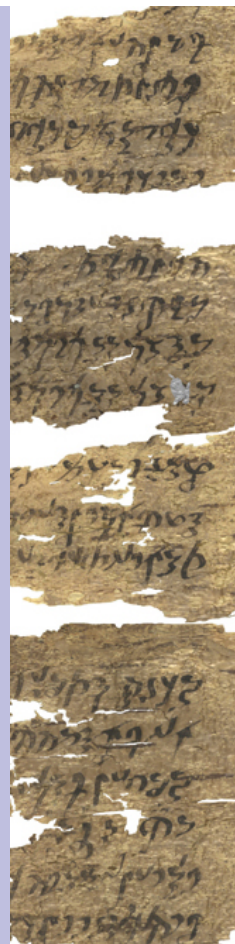
Donations are tax-  
deductible

a well-behaved, strong fellow,  
[then] (\*overcoming) all dangers,  
one should wander along with him, satisfied at  
heart, mindful.

*no ya labhea nivag(\*o) sahayo  
sardhacare sašovihari dhiro  
(\*raya va ratha) viyidaṃ prahae  
eko care khargaviṣaṇagap(\*o)*

If one should not find a wise companion,  
a well-behaved, strong fellow,  
[then] (\*like a king who) has abandoned (\*the  
realm) [which he had] conquered,  
one should wander alone like the rhinoceros.

[More info on these ancient texts click here!](#)



## Upcoming Events:

● **Dharma Talks** - **Rev. Myo Lahey** - Saturdays: Oct 19, Nov 9, 16, 23... @10:15am.

● **Guest Speakers Saturdays 10:15am** - **October 5** - **Zachary Smith, Anshi Daigi**; October 26 - Rev **Jeffrey Schneider**; November 2 - **Elaine Donlin Sensei** of Jodo Shinshu; **December 14** - **Beata Chapman**

● **Full Moon Ceremony** - Saturday, October 19 @11am: Full Hunter's moon.

## Public Practice Schedule:

### Monday

7:00 am Zazen  
7:40 pm Morning Chanting Service

6:00 pm Zazen  
6:40 pm Evening Chanting Service

### Tuesday- Friday

6:00 am Zazen  
6:40 am Kinhin (walking meditation)  
6:50 am Zazen  
7:20 am Chanting Service  
7:40 am Soji (brief temple cleaning)

6:00 pm Zazen  
6:40 pm Chanting Service

Thursdays Study Hour 7:30pm

### Saturday

6:30 am Zazen  
7:10 am Chanting Service  
7:25 am Soji  
8:30 am Drop-in instruction  
9:25 am Zazen  
10:15 am Dharma Talk  
11:00 am Refreshments/Social

October 18 [Penumbral Lunar Eclipse!](#)

● [Sejiki Ceremony](#) (A Ceremony to Comfort the Ancestral Spirits) - Saturday, October 26th.

● [Sangha Council](#) - TBD

● [Founder's Memorial](#) - Issan's Memorial is generally on the 6th of the month, & the memorial for Philip Whalen is generally on the 26th @ 6:40pm

● [Study Hour](#) The Book of Serenity, we have books to share, we read together, feel free to drop-in - Thursdays @7:30pm

● [HSZC will be closed the following upcoming days:](#) October 12 - Only 9:25am public sitting, and November 28th - Closed.

● [Next Board of Directors' Meeting](#) - Second Wednesdays of the month: October 9th @7:30pm (you're welcome to attend & observe)



[Pakistan Buddha](#)

## [HIV Meditation Sitting Group](#)

weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!  
Thursdays & Fridays

10:30 am zazen

11:00 am garden socializing

## [Women's Sangha](#)

(Women only)

weekly meditation group for women including guest speakers & socializing  
Tuesdays

7:00 pm - 8:30 pm

## [Meditation in Recovery](#)

(Men & Women)

weekly meditation group for men & women in recovery from addiction

Fridays, 7:30 pm - 9 pm

## [Women's Meditation in Recovery](#)

(Women only)

monthly meditation group for women in recovery from addiction. First  
Thursdays

7:15 pm - 8:45 pm

● **October 6th:** Castro Street Fair Sunday October 6th! And in addition to a fun event, also a FUNdraising opportunity to help HSZC!

Once again, Hartford Street has been chosen as one of the organizations to benefit from the proceeds of the fair. Be a cheerleader for HSZC and volunteer for a four hour shift, doing anything from safety, to production assistant, to staffing the gates. Give the gift of your time. Flexible shifts and all volunteers will receive a gift bag from Whole Foods Company. Registration is simple and easy on eventbrite. Volunteer today. For questions contact the volunteer coordinator at [terrikota@gmail.com](mailto:terrikota@gmail.com)

● **Words From Our Practice Leader:**

HSZC Dharma talk -- March 22, 2003 -- Rev Myo Lahey



...There is ONE engine of samsara, fueled by greed, hate and delusion, Just one. And all of us give it a little push every time we act, how shall I say, as though we hadn't a clue that there is anything more about us than deluded sentient being. To say, "That's it, I'm just a deluded sentient being," actually would be fairly sophisticated. But most of us don't get that far.

It's just an endless push and pull, towards the desirable and away from the undesirable, and when that smooth progress is thwarted, which it very often is, various difficult feelings arise. And the next thing you know, there's war. So, I must tell you I don't know what to do about it, other than to listen to our Ancestors and try to glean from their teachings something to help us put our feet aright as our path unrolls before us, minute after minute...

● **Hartford Street History:** Fu Schroeder Dharma Talk October 1999:

...From the Diamond Sutra: "As the stars, as a fault of vision, as a lamp, a mock show, dewdrops or a bubble, a lightning flash or a clap."

If that makes you happy, then it is good.

**Hartford Street Zen Center** is a Castro neighborhood temple & residential practice center in the Soto Zen tradition of Shunryu Suzuki Roshi established to support & engage the LGBTQI (Queer) Community and our allies



The Buddha did not find that the culmination of the spiritual journey was an end to it all – death cessation, nor did he find that the culmination of the spiritual journey was eternal life. He didn't find either extreme. He found a middle way - how it all works. He wrote the how-to book - this is how the world works. Buddha studied his ordinary self in order to come to this realization. He studied the deep belief in a separate, independent, isolated self. Even though sex, drugs and trance can exempt us from experiencing our self as isolated, it will come back the next morning. There you are again. This person keeps coming back. Finally, one morning Buddha looked up at the sky at an ordinary star and saw just this person-no pretensions. The clouds were gone, just this star. And then he wiggled his toes, looked at flowers, and tried to help people to appreciate just this. He had still a sense of a separate self, but knew that it was a story.

### ● **Buddhist Charity Opportunity & Community Event!**



A great cause, a wonderful way to meet other local Buddhists and visit the city's shrines, centers or temples with the Buddhist Global Relief to help feed the Hungry!

### ● **Sangha Member Writings or Muse:** Bruce Boone. Century of Clouds

In the years of friendship I see those I love in mosaic-like patterns, and me along with them. Who will ever know our names in a hundred years! We're like the catalogs of flora, and moving toward a brilliant future. Wave upon wave of collective life displaying ever new patterns...

HSZC on [Facebook](#)

At [HSZC.org](#)

check out our community events page for more!

Via [Twitter](#)

**vertical  
response**  
A DELUXE COMPANY  
Free Email Marketing >>



**Ready for "the" big commitment (Marriage) & seeking a LGBTQI,**



hours.

**Buddhist space to start your new chapter in life?** HSZC & Rev. Myo Lahey can be a part of this amazing & love filled ceremony. HSZC can house your Zen Buddhist Wedding ceremony & Rev Myo can perform weddings! Please email [hszc108@yahoo.com](mailto:hszc108@yahoo.com), call us, or the best way to discuss is to stop by during our publicly open

Practice Leader, Hartford Street Zen Center (HSZC) --- Reverend Myō Lahey



57 Hartford Street  
San Francisco, CA 94114  
[info@hszc.org](mailto:info@hszc.org)  
415.863.2507

*Please submit stories, reflections, personal news, artwork & photography for future newsletters to [tetsugen.keido@yahoo.com](mailto:tetsugen.keido@yahoo.com)*

May this newsletter find you well & filled with equanimity! \_\_/\\_\_